



# Real Solutions, for Real Parents

## 2019 Positive Parenting Cafés

In a small group setting, explore solutions to normal, everyday parenting!

Click on the topic to REGISTER ↓

Date	Time	Location	Topic
February 27, 2019	6:30 - 8:00 pm	<b>Smiths Falls</b> EarlyON Child and Family Centre 4 Ross Street St. Francis Elementary School	<a href="#">Disobedience</a>
March 20, 2019	6:30 - 8:00 pm	<b>Carleton Place</b> Carambeck Community Centre 351 Bridge Street	<a href="#">Coping with Stress</a>
April 2, 2019	6:30 - 8:00 pm	<b>Perth</b> Leeds, Grenville & Lanark District Health Unit 1 Sherbrooke Street	<a href="#">Disobedience</a>
April 16, 2019	6:30 - 8:00 pm	<b>Smiths Falls</b> Leeds, Grenville & Lanark District Health Unit 25 Johnston Street	<a href="#">Coping with Stress</a>
May 1, 2019	6:30 - 8:00 pm	<b>Carleton Place</b> Carambeck Community Centre 351 Bridge Street	<a href="#">Disobedience</a>
May 7, 2019	6:30 - 8:00 pm	<b>Almonte</b> Almonte Public Library 155 High Street	<a href="#">Coping with Stress</a>
May 14, 2019	6:30 - 8:00 pm	<b>Perth</b> Leeds, Grenville & Lanark District Health Unit 1 Sherbrooke Street	<a href="#">Coping with Stress</a>

**Disobedience:** gain parenting tips to help your child listen and learn to follow instructions

**Coping with Stress:** learn skills to help you as a parent manage your day-to-day stress so that you can be calm and consistent with your children



Register today by clicking on a topic above ↑  
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